



Welcome to our Preschool/Toddler Program!

Before you begin:

- Application
- Enrollment forms
- Update immunization record

In the best interest of all of our students, we have a door code for each classroom. Please make sure that whoever you have entrusted to pick-up your child has this door code available. Otherwise, they will need to check in through the office.

Confidential door code for the entire building:

What to bring:

- Two sets of extra clothes** including socks, bottoms, tops, and underwear. These will be updated fall and spring. Please put extra clothes in a Ziplock bag labelled and place in your child's cubby. Staff will take care of them from there.
- Outside shoes/gear** bring weather appropriate gear daily. When arriving at school, please help your child remove their outside shoes and with place in their cubby or on the shoe rack.
- Inside shoes/slippers.** Keeping feet covered daily is important in case of emergencies. Please help your child put on their inside shoes before entering the classroom.
- Water Bottle.** A simple lid/cup water bottle with sip-spout. Please refrain from bringing any water bottles with plastic straws.
- Parents provide lunch and morning snack.** See "Lunch and Snack" handout.
- Pull-ups** your child may start potty-training (once they start showing signs of interest and by the direction of the parents), please bring one package of pull-ups. We provide wipes.
- Crib sheet and light blanket.** Your child will have a nap period between 1pm-3pm each day.
- Family photo** to hang in their cubby. This will help your child be able to identify their cubby and also be a comfort to see family during their day.

***All bags, containers and belongings sent to school should be labelled.** If they are not labelled, we may write your child's name on them with a permanent marker.

Please know that children can take up to 4 weeks to adjust to change, whether it be a biological stage of development including a change in schedule, or a new caregiver/environment. These early weeks of school are when your child is building trust with his/her caregivers. During this time of transition, be reassured that it is normal to see some tears. If your child seems nervous about leaving you in the mornings, **please refrain from lingering as a way of appeasing him/her.** We understand this can be very difficult for parents as well as students, but lingering does not make the situation better and often makes it harder. It can be comforting to your child if you give them something of yours to hold onto throughout the day (that will not be distracting to their classmates), such as a necklace/picture/bracelet. You bridge the gap of time by saying "I will pick you up after lunch/recess/etc". Be assured, if your child is inconsolable for more than 15 minutes, we will call you.

You may call our office at any time: 388-8876. We are happy to give updates of your child's day.

We are happy to care for your growing child and serve your family!

Rev. 8/2022



For **enrollment forms** visit www.heartsandhandsmontessori.net